

Medi-Cal Choices

For People with Disabilities and Seniors In Sacramento County

This insert can help you decide which kind of Medi-Cal is best for you.

If you live in Sacramento County and are a person with a disability or a senior,
you can choose to be in Regular Medi-Cal,
Anthem Blue Cross, Health Net, or Molina Healthcare of California*.

Anthem Blue Cross, Health Net and
Molina Healthcare of California are Medi-Cal Health Plans.
If you join one of these Plans, you still have Medi-Cal.

To learn about the Plans in your county, call

Anthem Blue Cross: 1-800-227-3238

Health Net: 1-800-675-6110

Molina Healthcare of California: 1-888-665-4621

For more information, call

Health Care Options: 1-800-430-4263

Regular Medi-Cal: There is no phone number to call.

Please look inside for more useful phone numbers.



Your Medi-Cal Choices in Sacramento County:

- Use this chart to compare your Medi-Cal Choices.
- If you want to join Anthem Blue Cross, Health Net, or Molina Healthcare of California*, call **Health Care Options** at **1-800-430-4263** and ask for an enrollment packet. You can also
- If you want to stay in Regular Medi-Cal, do not do anything.

	Medi-Cal	
	Anthem Blue Cross 1-800-227-3238 www.anthem.com/ca	Health Net 1-800-675-6110 www
Basic Services		
Basic Medi-Cal Benefits	Same	Same
24-Hour Advice Nurse	Yes	Yes
Customer Service Phone Hours	Mon–Fri 7 am–5 pm	7 days a week 24 hou
Interpreter Services	Yes	Yes
To Get a List of Preferred Drugs	1-800-700-2541	1-800-675-6110
Costs to You		
Cost for Doctor Visits	\$0	\$0
Cost for Drugs	\$0	\$0

Useful Phone Numbers
Denti-Cal For information about dental care that is covered by Medi-Cal for people under age 21
Area 4 Agency on Aging For information and referrals to many services for people with disabilities and seniors
Sacramento County Department of Health For information about mental health services
Alcohol and Drug Programs For help with alcohol and drug problems

enroll over the phone.

Health Plans		Regular Medi-Cal (No phone number) www.medi-cal.ca.gov	See page:
healthnet.com	Molina Healthcare of California 1-888-665-4621 www.molinahealthcare.com		
	Same	Same	p. 6
	Yes	No	p. 12
rs	Mon–Fri 7 am–7 pm	None	p. 33
	Yes	Call your doctor or clinic.	p. 28
	1-888-665-4621	Ask your doctor or pharmacist.	p. 14
	\$0	\$0	p. 8
	\$0	\$0–\$1	p. 8

Some people with Medi-Cal have Kaiser Medi-Cal Health Plan. In Sacramento County, Kaiser is only available for a limited amount of people. This includes people who have had coverage through Kaiser in the past or have an immediate family member currently enrolled in Kaiser.

1-800-322-6384
1-800-510-2020
1-888-881-4881
1-800-879-2772

Hospitals you can go to for medical care are listed below.

You will usually go to the hospitals that your doctor works with.

For hospitals where you can go for mental health care, call 1-888-881-4881.

Anthem Blue Cross

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–Davis, General, Memorial, and Roseville
- Methodist Hospital of Sacramento
- UC Davis Medical Center

Health Net

- Marshall Medical Center
- Methodist Hospital of Sacramento
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospital–Roseville

Molina Healthcare of California*

- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Methodist Hospital of Sacramento

Regular Medi-Cal

- Heritage Oaks Hospital
- Richmond Medical Center
- Kindred Hospital
- Sierra Vista Hospital
- Mercy Hospitals–Sacramento (General), Folsom, and San Juan
- Sutter Hospitals–General, Memorial, and Sacramento Sierra
- Methodist Hospital
- UC Davis Medical Center